



**Etherena is a non-hormonal intrauterine device effective for up to 10 years.**

**Etherena is a highly effective, long-lasting reversible method suitable for women who prefer a non hormonal method of contraception.**

## CHARACTERISTICS



Plastic frame shaped like a T, with a copper wire embedded in its vertical arm, horizontal arm has a copper sleeve.



Works as an emergency contraceptive if inserted up to 5 days after unprotected sex.



60 month (five year) shelf life.

## EFFICACY

- Over 99% effective at preventing pregnancy over the period of 10 years<sup>1</sup>

## MECHANISM OF ACTION

- Etherena prevents pregnancy by impeding the movement of the egg and reducing the ability of sperm to fertilize the egg. It does not cause abortion and does not prevent sexually transmitted diseases.

## ADMINISTRATION

- Etherena is administered by a qualified healthcare provider. The insertion is a short outpatient procedure and it can be performed at any point during the menstrual cycle.\* It can be removed at any time on patient request.

\*if it reasonably certain the woman is not pregnant

## SIDE EFFECTS

- Bleeding may be heavier, longer and more painful especially in the first 3 to 6 months.
- These changes are not harmful.

## BENEFITS

- Reversible, can be removed at any time with no delay in the woman's return to fertility
- Device shape is contoured to suit the uterine cavity for minimal patient discomfort
- Integrated system enables safe one-handed operation with simple "push-pull" motion
- Convenient, No daily action is required by the user
- Safe for breastfeeding women, can be inserted up to 48 hours after delivery or after 1 month\*

\*if medically eligible

## CONTRAINDICATIONS

Known or suspected pregnancy, current pelvic inflammatory disease or current gynecologic infections. Women with an allergy to copper should not use Etherena.

1. World Health Organization Department of Sexual and Reproductive Health and Research (WHO/SRH) and Johns Hopkins Bloomberg School of Public Health/ Center for Communication Programs (CCP), Knowledge SUCCESS. Family Planning: A Global Handbook for Providers (2022 update). Baltimore and Geneva: CCP and WHO; 2022.