

MISOMIFE-FEM[®] COMBO

Pack of 1 mifepristone 200mg tablet and
4 misoprostol 200mcg tablet.

MISOMIFE-FEM[®] COMBO is an effective, high
quality and safe option for uterine evacuation.



CHARACTERISTICS



Effective and highly accepted for
treating miscarriage, incomplete
abortion, and first-trimester medical
abortion.



It is a World Health Organization
(WHO) recommended regimen
for complete uterine evacuation
without invasive surgical
procedures.

* Only applicable to specific manufacturer



Available Presentation:
Pack of 5 tablets
(1x mifepristone 200 mg
tablet and 4 x misoprostol
200 mcg).



2 years shelf life.

EFFICACY

- Depending on how far the woman is in the pregnancy, medical uterine evacuation is effective up to 96%.*

MECHANISM OF ACTION

- Mifepristone 200mg (1 tablet, oral administration) blocks the action of the progesterone that sustains which is essential to maintain the pregnancy.
- Misoprostol 800mcg (4x200mcg tablets, buccal/sublingual/vaginal routes) is a synthetic prostaglandin analogue that causes softening of the cervix and contraction of the uterus to expel contents.

BENEFITS

- **Easy to use:** The dosage for this method is simple and straightforward, making it user-friendly and easy to administer.
- **Convenience:** It can be taken privately at home, providing a convenient option for individuals seeking privacy and comfort during the process.
- **Non-invasive:** This method does not require anesthesia or surgery, eliminating the need for invasive procedures and their associated risks.

CONTRAINDICATIONS

Contraindications to medical abortion drugs include suspected ectopic pregnancy, bleeding disorders, allergies, or the presence of an IUD.

ADMINISTRATION

STEP 1

After counseling about methods of uterine evacuation, **swallow a mifepristone tablet with water.**



TAKE ONLY
1 X MIFEPRISTONE - 200MG



TAKEN WITH WATER



WAIT 24H-36H

WHAT TO EXPECT:

- Women may not feel any symptoms after taking mifepristone.
- Some may feel nauseous or start bleeding
- Offer anti-emetics and pain relief

STEP 2

After 24-36 hours, **administer 4 tablets of 200 mcg misoprostol (800 mcg total)**

Offer a non-steroidal inflammatory drug such as ibuprofen to take 30 minutes before giving misoprostol and an anti-emetic.

CHOOSE A MODE OF ADMINISTRATION:

EITHER



4 X MISOPROSTOL - 200MG



Buccally, between the cheek and bottom gums for 30 minutes then swallow with water, or



Sublingually, under the tongue for 30 minutes then swallow with water, or



Vaginally, push the tablets behind the cervix at the top of the vagina



WAIT 30 MINUTES
THEN DRINK WATER



WHAT TO EXPECT:

- Misoprostol may cause shivering, fever, diarrhea, or vomiting.
- After 1-4 hours, women will experience painful cramps and bleeding and pass clots of blood and tissue.
- This lasts for several hours until the pregnancy is passed.
- Cramping and bleeding will subside, but pain may persist on and off for 2-3 days.
- Bleeding and spotting may persist for several days or longer.

AFTERCARE

- If pain or bleeding worsens, or if there is no bleeding after taking misoprostol advise the women to seek medical advice.
- Provide information and counseling for contraception and signpost to other services.
- Offer psychological support.
- Routine follow-up is not always required, check local protocols.

Chen, Melissa J. MD, MPH; Creinin, Mitchell D. MD. Mifepristone With Buccal Misoprostol for Medical Abortion: A Systematic Review. *Obstetrics & Gynecology* 126(1):p 12-21, July 2015