# MISOMIFE-FEM<sup>®</sup>

Pack of 1 mifepristone 200mg tablet and 4 misoprostol 200mcg tablet.

MISOMIFE-FEM<sup>®</sup> COMBO is an effective, high quality and safe option for uterine evacuation.

MISOMIFE-FEM®	
СОМВО	
l x mifepristone 200 mg	This Pack Contains Treatment for one Medical Abortion (early pregnancy)
4x misoprostol 200 mcg	Ce Pack Contient un Traitement pour un Avortement Médical (début de grossesse)
box of 5 tablets boîte de 5 comprimés caixa de 5 comprimidos	WomanCare

# **CHARACTERISTICS**



Effective and highly accepted for treating miscarriage, incomplete abortion, and first-trimester medical abortion.

It is a World Health Organization (WHO) recommended regimen for complete uterine evacuation without invasive surgical procedures.

\* Only applicable to specific manufacturer





Available Presentation: Pack of 5 tablets (1x mifepristone 200 mg tablet and 4 x misoprostol 200 mcg). 2 years shelf life.

# EFFICACY

 Depending on how far the woman is in the pregnancy, medical uterine evacuation is effective up to 96%.\*

### **MECHANISM OF ACTION**

- Mifepristone 200mg (1 tablet, oral administration) blocks the action of the progesterone that sustains which is essential to maintain the pregnancy.
- Misoprostol 800mcg (4x200mcg tablets, buccal/sublingual/vaginal routes) is a synthetic prostaglandin analogue that causes softening of the cervix and contraction of the uterus to expel contents.

## BENEFITS

- **Easy to use:** The dosage for this method is simple and straightforward, making it user-friendly and easy to administer.
- **Convenience:** It can be taken privately at home, providing a convenient option for individuals seeking privacy and comfort during the process.
- **Non-invasive:** This method does not require anesthesia or surgery, eliminating the need for invasive procedures and their associated risks.

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# CONTRAINDICATIONS

Contraindications to medical abortion drugs include suspected ectopic pregnancy, bleeding disorders, allergies, or the presence of an IUD.

Email: contact@dktwomancare.org www.dktwomancare.org



## ADMINISTRATION

#### STEP1

After counseling about methods of uterine evacuation, swallow a mifepristone tablet with water.





TAKEN WITH WATER



#### WHAT TO EXPECT:

• Women may not feel any symptoms after taking mifepristone.

TAKE ONLY

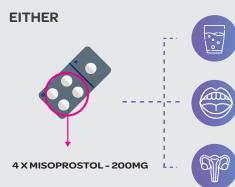
- Some may feel nauseous or start bleeding
- Offer anti-emetics and pain relief

#### STEP 2

#### After 24-36 hours, administer 4 tablets of 200 mcg misoprostol (800 mcg total)

Offer a non-steroidal inflammatory drug such as ibuprofen to take 30 minutes before giving misoprostol and an anti-emetic.

#### **CHOOSE A MODE OF ADMINISTRATION:**



Buccally, between the cheek and bottom gums for 30 minutes then swallow with water, or

Sublingually, under the tongue for 30 minutes then swallow with water, or

Vaginally, push the tablets behind the cervix at the top of the vagina



Woman(

#### WHAT TO EXPECT:

- Misoprostol may cause shivering, fever, diarrhea, or vomiting.
- After 1-4 hours, women will experience painful cramps and bleeding and pass clots of blood and tissue.
- This lasts for several hours until the pregnancy is passed.
- Cramping and bleeding will subside, but pain may persist on and off for 2-3 days.
- Bleeding and spotting may persist for several days or longer.

## AFTERCARE

- If pain or bleeding worsens, or if there is no bleeding after taking misoprostol advise the women to seek medical advice.
- Provide information and counseling for contraception and signpost to other services.
- Offer psychological support.
- Routine follow-up is not always required, check local protocols.

Chen, Melissa J. MD, MPH; Creinin, Mitchell D. MD. Mifepristone With Buccal Misoprostol for Medical Abortion: A Systematic Review. Obstetrics & Gynecology 126(1):p 12-21, July 2015

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