# **POSTPIL®**

**Emergency Contraceptive Pill** 



POSTPIL® is a ONE-DOSE emergency contraceptive pill that gives women a last chance to prevent pregnancy. Postpil® offers women an affordable, simple and safe solution if taken within 72 hours after unprotected sexual intercourse.

#### **CHARACTERISTICS**



1 tablet of 1.5mg levonorgestrel



Most effective when taken as soon as possible after unprotected sex, and can be used up to 72 hours (3 days) afterwards



WHO Prequalified Emergency Contraception Pill



3 years shelf life.

## **EFFICACY**

Postpil® pregnancy rate is less than 1.2% to 2.1%.
The pill is more effective the sooner it is taken after unprotected sex.\*

#### MECHANISM OF ACTION

- Preventing or delaying release of the egg (ovulation).
- Postpil® does not induce abortion or affect an existing pregnancy.

#### **BENEFITS**

- Postpil<sup>®</sup> is safe. It does not affect fertility, there is no risk of cancer or ectopic pregnancy, and no long-term side effects.
- Postpil® is easy to access. This Emergency Contraception Pill is available at pharmacies and drugstores, no prescription required (where regulations permit).
- Postpil<sup>®</sup> is suitable for all women of all ages, including breastfeeding mothers

#### METHOD OF ADMINISTRATION

- Women should take one tablet of Postpil® orally as soon as possible (and no later than 72 hours) in the case of unprotected sexual intercourse, suspected or confirmed method failure, or sexual assault.
- If the user vomits within two hours of taking the tablet, the dose should be repeated.
- Postpil® can be used at any time during the menstrual cycle.

## SIDE EFFECTS

Uncommon but can include nausea and vomiting, irregular vaginal bleeding and fatigue.

## **CONTRAINDICATIONS**

Postpil® should not be used if there is a known or suspected pregnancy or in cases of hypersensitivity to levonorgestrel.

\* World Health Organization. (2021). Emergency contraception Fact sheet. https://www.who.int/news-room/fact-sheets/detail/emergency-contraception

