

QUESTIONS AND ANSWERS



MM
COMBI KIT

THIS PACK CONTAINS TREATMENT FOR ONE MEDICAL ABORTION (early pregnancy)
1 tablet containing Mifepristone 200 mg
4 tablets each containing Misoprostol 200 mcg

10 Packs

WHAT IS THE DIFFERENCE BETWEEN A MISCARRIAGE AND AN ABORTION?

A miscarriage is a natural or spontaneous termination of a pregnancy, meaning the body expels the pregnancy on its own without the aid of medicine or a surgical procedure. An abortion occurs when a procedure is done with the purpose of ending a pregnancy. With that said, the symptoms of a miscarriage and the symptoms of an abortion with pills are the same.

IS ABORTION DANGEROUS?

When a medical or a surgical abortion is done properly, they are very safe procedures. The risk of complication is less than 1% for medical abortion. If you choose to have a medical abortion you need to use high-quality abortion pills in the recommended way to have a safe and effective abortion.

WHAT ARE THE RISKS ASSOCIATED WITH ABORTION PILLS?

The most common risks are hemorrhage (excessive bleeding) or infection. If you get medical care on time, a hemorrhage or an infection can be treated easily in most health centers.

WILL I NEED A DOCTOR'S PRESCRIPTION TO BUY ABORTION PILLS?

If you want to buy abortion pills in a local pharmacy you may or may not need a doctor's prescription. This will depend on the regulations where you live.

WHAT HAPPENS IF I USE ABORTION PILLS AND I AM NOT PREGNANT?

If you are not pregnant and you use abortion pills you may experience cramping and temporary side effects, but you will not experience bleeding. This will not harm your health in any way.

Consider that if you use abortion pills without first confirming you are pregnant with a test and you do not bleed, it will not be possible to know if you were not pregnant or if the pills simply did not work.

CAN I SWALLOW THE ABORTION PILLS?

The only effective way to use Mifepristone is by swallowing it. Misoprostol can be used effectively in 3 different ways:

- **Sublingual** - Misoprostol pills should be placed under your tongue for 30 minutes. During that time the pills will be absorbed. Afterwards, you can swallow with water any remains of the pills.
- **Buccal** - Misoprostol pills should be placed between your gums and cheeks for 30 minutes. During that time the pills will be absorbed. Afterwards, you can swallow with water any remains of the pills.
- **Vaginal** - Misoprostol pills should be placed inside your vagina and remain there for 30 minutes. The pills are usually absorbed, but sometimes the pills come out of the vagina during the process. Also, sometimes Misoprostol can leave traces that can be visible for health staff if you need medical care.

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CAN I EAT DURING THE PROCEDURE?

You can eat and drink normally during the medical abortion. The only time it is not recommended to eat or drink is the 30 minutes while you have Misoprostol pills in your mouth. This is to avoid swallowing the pills by mistake.

DO I NEED TO USE ANTIBIOTICS DURING THE ABORTION?

It is not mandatory, nor necessary to use antibiotics during a medical abortion. Some people recommend using antibiotics to prevent infections after using abortion pills.

CAN I BREASTFEED WHILE USING ABORTION PILLS?

It is perfectly safe for you and your baby to continue breastfeeding while using abortion pills. Mifepristone and/or Misoprostol will not cause any side effects or harm in your baby and breastfeeding will not decrease the efficacy of the abortion.

HOW MANY DAYS SHOULD I REST AFTER USING ABORTION PILLS?

Resting during a medical abortion is not mandatory, although it is recommended for you to be more comfortable.

WHAT HAPPENS IF I AM STILL PREGNANT AFTER USING ABORTION PILLS?

If abortion pills did not terminate your pregnancy, you can try again or have a surgical abortion if this procedure is available where you live. To use abortion pills again it is recommended to wait 48 hours since the last time you used the pills.

WILL I NEED A DILATION AND CURETTAGE (D&C) AFTER USING ABORTION PILLS?

If abortion pills successfully terminated the pregnancy most women will not need to use any extra medication, nor have any surgical procedure afterwards.

WILL I BE ABLE TO GET PREGNANT AFTER AN ABORTION?

A safe abortion will not decrease your fertility. Many women successfully get pregnant after having an abortion.

HOW LONG DO I NEED TO WAIT TO HAVE SEX AFTER USING ABORTION PILLS?

You can have sex whenever you want after having an abortion. If you are still bleeding from the abortion it is best if you can use a condom to reduce the chance of getting an infection.